

## SENIOR AND ELDER HEALTH

### Topic Snapshot

#### Visiting your family doctor

Do you have a family doctor?  
**YES 97%**  
**NO 3%**

Is your doctor in the community where you live?  
**YES 65%**  
**NO 32%**

Seniors see their doctors more frequently than other age groups

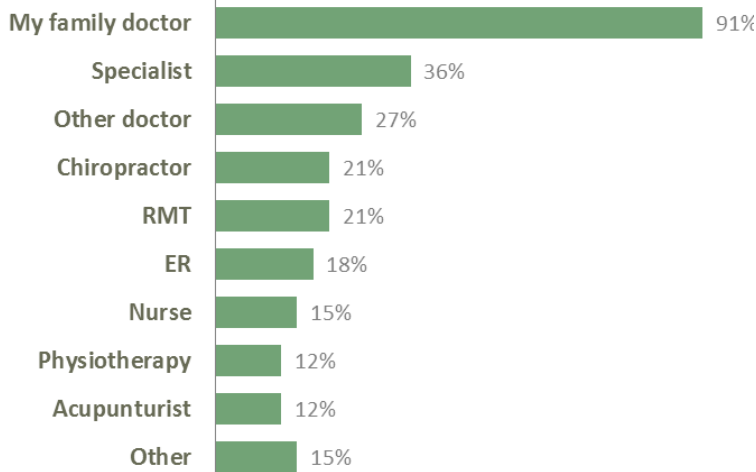
Top issues affecting access to a family doctor:

**Waiting time at the doctor's office** 34%  
**Clinic hours** 26%

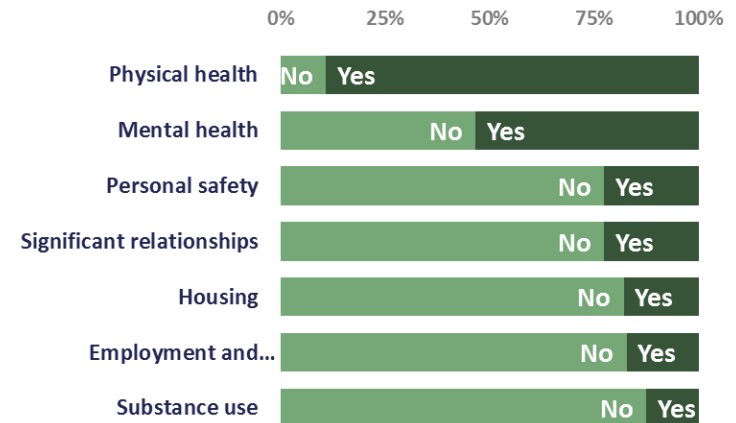
#### Your health



#### Who manages your health concerns?



#### Are you concerned about your...?



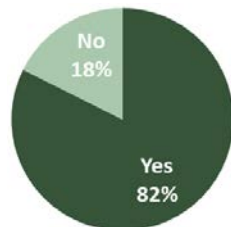
#### Using the Emergency Room

Have you ever used the ER for a non-emergency?  
**YES 31%**  
**NO 69%**

Why do people go to the ER for a non-emergency?  
**Doctor's office was closed** 55%  
**Wasn't sure it was an emergency** 27%

#### Living with a chronic condition

Do you have a chronic condition?

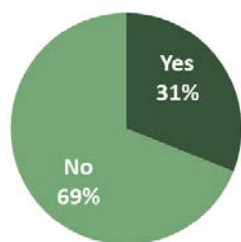


How much does your chronic condition interfere with everyday life?

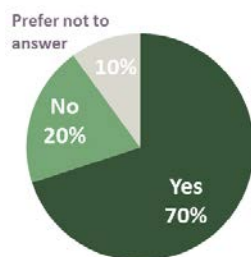


## Mental health and substance use

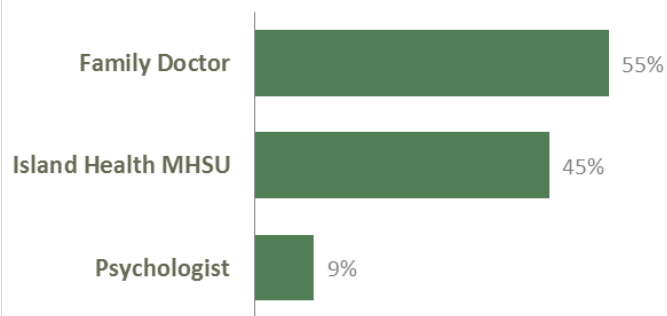
Have you accessed services for mental health or substance use?



Is access to counselling services adequate? *(if you need it)*



What counselling services have you used?



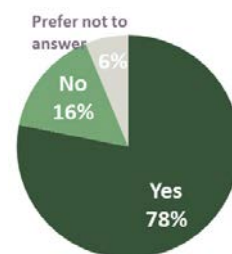
## Looking ahead – community needs

### Top 3

topics people want to learn more about:

- ✓ Nutrition 62%
- ✓ Arthritis 54%
- ✓ Advance/Palliative Care 50%

Are you satisfied with your primary health care?

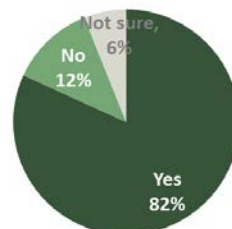


### Top 3

services that could be added or improved:

- ✓ Seniors Care Facility 65%
- ✓ Physical Therapy 62%
- ✓ Home care/nursing 62%

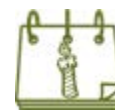
Are you open to using telehealth?



## Who answered this survey?



**35** total number of survey respondents age **65 and older**



All survey responses by age:

Below 25	3%	35 to 44 years	27%	55 to 64 years	21%
25 to 34 years	23%	45 to 54 years	15%	65 years and older	12%

### About this report

This survey is one of the tools the Division of Family Practice uses to learn about health care needs and experiences of residents on the west coast of Vancouver Island. This 'Topic Snapshot' reflects responses from age 65+ only. For more info, or the full regional report for all west coast communities, contact Abbie MacPherson [amacpherson@divisions.bc.ca](mailto:amacpherson@divisions.bc.ca)